Breakout Session: Foster Kid Fierce – Life Changing Advocacy

Presentation Description

Step into a deeper conversation with Theresa Collins as she expands on the themes of her keynote and shines a spotlight on the extraordinary role CASA volunteers play in the lives of foster children. Drawing from her lived experience and years of advocacy, Theresa will explore how a single committed advocate can change the entire trajectory of a child's life.

This session will dig into the heart of advocacy—showing up with consistency, authenticity, and belief in a child's worth. You'll discover how to help children recognize their own "tool bag" of strengths built from resilience, resourcefulness, and heritage, and how to guide them toward pride in both themselves and their families. Through practical insights and heartfelt storytelling, Theresa will reveal how your advocacy can help a child see their true potential, sparking the belief that they can be the next leader, creator, or world-changer instead of being defined by limitations.

You'll leave this session with concrete strategies for empowering the children you serve: making them feel special, helping them embrace their strengths, and showing them that while they may not control their circumstances, they can always control how they rise above them. Whether you are a volunteer, staff member, or CASA champion, this session will reignite your passion for CASA's mission and equip you to be the advocate who makes all the difference.

Brief Description

In this breakout session, Theresa Collins takes a deeper dive into the power of CASA advocacy. Learn how showing up, recognizing a child's strengths, and helping them embrace their story can change the entire course of their life. You'll walk away inspired and equipped to be the advocate who makes all the difference.

Tagline:

Be the advocate who transforms potential into purpose—and helps foster kids see they can change the world.

Duration:

1 hour (with flexibility)

Other Considerations:

I will have an accompanying PowerPoint presentation that will require sound. I prefer a wearable microphone that allows me to move around. There are handouts to be printed in color with enough copies for each participant.